

# UPPER CERVICAL RESEARCH FOUNDATION

## The Small Steps to Success Flexible Giving Program

### The NUCCA Tradition Continues

#### Who We Are: Upper Cervical Research Foundation

At the Upper Cervical Research Foundation, we are focused on studying the link between the upper neck, spine and optimal health. Decades of research has shown that problems in the neck can cause progressively significant problems with the spine, nervous system and our overall health. Yet, when a small but measurable misalignment of the first neck vertebra, (also known as the atlas or C-1) is detected and corrected with the NUCCA procedure, a return toward good health and normal activity can be realized.



#### What We Do:

We investigate the link between a small neck misalignment and health.

Our investigations include clinical trials, patient reported outcomes, practice-based research and physiological mechanisms. We gather this data to further our understanding of this important health care procedure and to influence best clinical practices and public policies.

#### Where we do this:

Our research is conducted in a variety of settings throughout the United States and Canada. We collaborate with universities, hospitals and specialists in a variety of areas such as neurology, neuro-radiology, cardiology and board-certified NUCCA practitioners.

#### Why we do this:

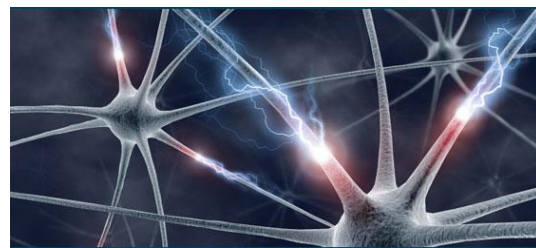
To help ease human suffering! The quality of our lives is directly linked to the quality of our health. After decades of profound clinical results and radical improvement with seemingly hopeless health challenges, countless patients have regained their lives from NUCCA care. We are deeply committed to sustaining the future availability of this important health care intervention.

#### How We Do This:

With the immense support from many people over the years, we have successfully funded and conducted some of the most important research in the chiropractic profession. We have revealed a deeper understanding of the physiological mechanisms and optimal clinical outcomes through our studies of the NUCCA procedure. This has resulted in [publications](#) in many important international journals.

#### When we do this:

We have always invested in research since founding the UCRF in 1971. We continue today with many progressive projects with a variety of interdisciplinary specialists around the world to reveal a deeper understanding of NUCCA healthcare. The health and well-being of many people rely on us to sustain our projects and further explore our discoveries.



#### The Need for Upper Cervical Chiropractic Studies:

During the past 100 years, the benefits received by millions of chiropractic patients worldwide has been well documented. However, further inquiry into chiropractic care does a great deal to improve, enhance and standardize its effectiveness. For this reason, the Upper Cervical Research Foundation (the research branch of the National Upper Cervical Chiropractic Association (NUCCA)), was established. UCRF has been studying the link between the NUCCA healthcare procedure, the spine and optimal well-being since 1971.

Your support today allows the Upper Cervical Research Foundation to continue its tradition of conducting NUCCA research initiatives to improve the quality of your health care. We have an annual infrastructure support requirement of \$125,000.00. As a non-profit organization, we rely heavily upon the support of our donors, and hope you will choose to join this important fundraising campaign. Your core support is needed to continue funding the critical infrastructure that makes it possible for UCRF to advance the understanding and awareness of the NUCCA procedure.

## WAYS TO DONATE:

### AMERICAN DONORS

Please note that UCRF is a “charitable” 501 C-3. Donations of more than \$50 will receive a receipt for tax purposes.



1. Complete the form below and mail or fax to the USA address below
2. Pay online via PayPal at: <http://www.ucrf.org/donate/donate-now>
3. Mail a check made out to “The Upper Cervical Research Foundation” to the USA address
4. Give the completed form to your NUCCA doctor

### CANADIAN DONORS

Please note that donations of more than \$50 will receive a receipt for tax purposes.



1. Complete the form below and mail or fax to the Canadian address below
2. Pay online at: <https://www.easydonate.com/uppercervicalresearchfdn>
3. Mail a cheque made out to “The Ralph R. Gregory Memorial Foundation” to the CDN address
4. Give the completed form to your NUCCA doctor

Please complete the form below and indicate whether you wish to donate on a one-time or monthly giving basis.

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EMAIL: \_\_\_\_\_ PHONE: \_\_\_\_\_

CREDIT CARD: \_\_\_\_\_ 3 Digit Code \_\_\_\_\_ Exp Date \_\_\_\_\_ Zip/PC \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ My NUCCA Doctor is: \_\_\_\_\_

I would like to give a one-time donation of \$ \_\_\_\_\_ I would like to give a montly donation of \$ \_\_\_\_\_

#### USA Address

Upper Cervical Research Foundation  
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Minneapolis, MN 55416  
Phone: (800) 541-5799  
Fax: (877) 558-0410

#### CDN Address

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#201-5005 Elbow Drive SW  
Calgary, AB T2S 2T6  
Phone: (866) 342-4476  
Fax: (403) 243-0844

**Thank You** FOR YOUR DONATION

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