

UCRF Research Supporting NUCCA

For many generations, NUCCA care has had a positive influence on how our bodies function, confirming that there is a very important relationship between the spine and central nervous system. Research continues to be a central part of the NUCCA organizational matrix.

This year marks the 10th anniversary of the annual **Small Steps to Success** research fundraising campaign. As we have previously seen, with the past generosity of our various donors, we have moved forward with innovative research in groundbreaking ways. In many instances, this research has led us into new and unexplored territory working with highly acclaimed researchers from many specialized health disciplines.

The Focus for 2019:

- 1) Continued review from the data we have obtained in our previous comprehensive clinical studies. These are primarily the Chicago Hypertension Study and the Calgary Migraine Study that have revealed an immense amount of valuable information that supports the clinical care of all NUCCA and upper cervical practices.**
- 2) Along with these past studies, the current Image Guided X-Ray Reliability Study will synthesize the data into meaningful and practical findings for publication.**
- 3) We look forward to sharing these findings with our NUCCA membership and all scientific and academic communities we are currently linked to.**
- 4) Study into Concussion injuries and how NUCCA plays a critical role in optimal recovery.**
- 5) Further Develop Practice Based Research (PBR)**
- 6) Support NUCCA doctors to conduct research for case studies publication.**

Every Donation Makes a Difference!

Your support today allows the Upper Cervical Research Foundation (www.ucrf.org) to continue its tradition of conducting NUCCA research initiatives to improve the quality of your health care.

There are many ways to make a contribution, and a variety of areas to which you may consider directing your gift. Your donation can be made today as a one-time contribution or by sustained monthly donations throughout the year. You may also want to honor a special occasion or the memory of a loved one. As a non-profit organization, we rely heavily upon the support of our donors, and hope you will choose to join this important fundraising campaign this year.

To see the results of our research efforts since 1971, visit: www.ucmonograph.org

